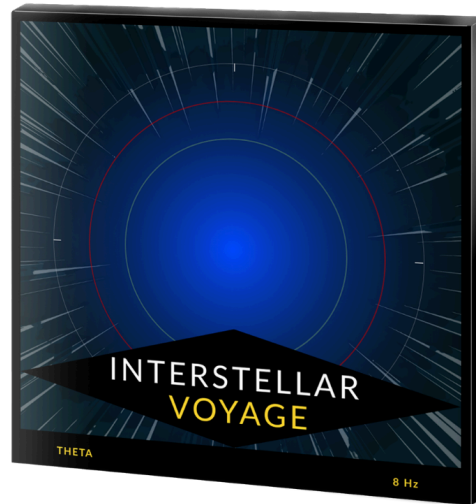


Interstellar Voyage

Info & Instructions



Welcome to *Interstellar Voyage*, a special supplemental soundtrack as part of the *Cosmic Consciousness Collection*.

Interstellar Voyage includes two versions:

A Music-Only version, and a Guided Exploration version.

This soundtrack is a passage through the deep architecture of the cosmos and the mind. Rather than remaining in a single sonic environment, this experience unfolds in stages, each one inspired by a different celestial phenomenon and paired with a distinct form of brainwave entrainment.

During the course of the listening session, you'll experience an unfolding sequence of celestial sounds.

First a visit to a **pulsar**, the heartbeat of the universe, rotating at 174 Hz, and causing your brainwaves to fall into a gentle lockstep.

Second, an encounter with the depth and mystery of *Sagittarius A*, the supermassive **black hole** at the center of our Milky Way Galaxy.

Then we return to Earth to experience the electromagnetic music of the **aurora borealis**.

And finally we travel outward again, this time to visit the vast stellar nurseries of two **nebulae**: the *Tarantula* and *Ring* nebulae, chosen for their ambient musical qualities.

This is a sonic tour of the universe like no other, inspired by the wonders of the cosmos and the mysteries of our own consciousness.

Interstellar Voyage is not just a soundscape. It's a gradual unfolding, a movement through inner and outer space designed to help the brain release rigidity, synchronize more harmoniously, and experience the quiet awe of exploration without effort.

Listening Guidelines & Soundtrack Notes:

- Duration: 30 minutes
- Listen with stereo earbuds or headphones
- Listen with eyes closed while seated, reclining, or lying down
- Listen in a quiet, distraction-free environment
- Listen anytime of day or night
- Light neural driving effect
- Includes a dual theta targets (8 Hz & 5 Hz)
- Includes Lateral Carrier Boost 2.0 Technology
- Includes sonified sounds of a pulsar, black hole, aurora borealis, and nebulae presented in sequence
- Includes both music-only and guided exploration versions